

H&S- 0003

HSE First Aid at Work

Introduction

This 3 day course enables the successful candidate to carry out the duties of a 'First Aider At Work' as laid out by the Health and Safety Executive under the (First Aid) Act 1981.

Training Content

This course offers a fun and varied learning experience where candidates will learn how to:

- Assess and prioritise a first aid incident
- Deal with an unconscious casualty
- Carry out resuscitation (CPR)
- Control bleeding and manage shock
- Deal with injuries to bones, muscles and joints
- Deal with burns and scalds
- Manage eye injuries
- Deal with casualties overcome by fumes or suffering from poisoning
- Deal with common injuries and illnesses
- Keep appropriate records
- Maintain appropriate first aid kits and stock

The course finishes with a written test and practical assessment from an external assessor.

Training Facility

The training will take place at the Offshore Marine Academy premises in Bristol.

Duration

This programme will be delivered in over a three day period.

Cost

£261.00 plus VAT.

Starting Date

Available upon request. Please contact Offshore Marine Academy.



Information

Post: Offshore Marine Academy
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